



PROFILE

CONTACT

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DATE OF JOINING: **2ND AUGUST 2010**

DR.NAIRIT ROY

DESIGNATION

STATE AIDED COLLEGE TEACHER -I ,H.O.D, DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCE.

EDUCATION (IN DESCENDING ORDER)

- 2021**-Doctorate of Philosophy in Physical Education and Sports Science, Dr.C.V.Raman University .
- 2013**- Master of Philosophy in Physical Education and Sports Science , Dr.C.V.Raman University .
- 2010**- Master of Physical Education and Sports Science, Sant Gadge Baba Amravati University.
- 2008**- P.G.D.Y.Ed ,Yashwantrao chavan maharashtra open university .
- 2008**- B.P.Ed in Physical Education and Sports Science , Sant Gadge Baba Amravati University.

WORK EXPERIENCE (IN DESCENDING ORDER)

2010-Continued- STATE AIDED COLLEGE TEACHER DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCE IN P.D.WOMENS COLLEGE,JALPAIGURI,WEST BENGAL.

RESEARCH INTEREST

RELATIONSHIP OF MENTAL IMAGERY BETWEEN RUNNER AND SWIMMER.

NORMATIVE STUDY OF PHYSICAL FITNESS AND ANTHROPOMETRIC PARAMETERS IN SCHOOL CHILDREN OF NORTHERN TRIBAL REGION OF WEST BENGAL.

LIST OF PUBLICATION (DESCENDING ORDER)

1. INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION ,SPORTS AND HEALTH ,P-ISSN:2394-1685,E-ISSN:2394-1693,IMPACT FACTOR(ISRA):5.38,2016;3(3):614-617,RELATIONSHIP BETWEEN HEIGHT WEIGHT BMI WAIST CIRCUMFERENCE,HIP CIRCUMFERENCE, WAIST TO HIP RATIO AND WAIST TO HEIGHT RATIO AMONG MALE SCHOOL CHILDREN .2016

2. SAMBODHI (UGC CARE JOURNAL)ISSN:2249-6661, VOL-44,NO-1,(1) JANUARY- MARCH(2021) ,119-128 INVESTIGATION OF ABDOMINAL STRENGTH AND ENDURANCE OF MUSCLE AMONG FEMALE CHILDREN FROM NORTHERN TRIBAL REGION OF WEST BENGAL . 2021

3. INDIAN JOURNAL OF PHYSICAL EDUCATION SPORTS AND APPLIED SCIENCES , ISSN 2229-550X(P),2455-0175(O) SCIENTIFIC JOURNAL IMPACT FACTOR-4.917, VOL9,NO-2,APRIL,2019, 121-126 .RELETIONSHIP BETWEEN ANTHROPOMETRIC MEASURES AND BODY MASS INDEX OF ADOLESCENCE MALE CHILDREN FROM NORTHERN TRIBAL REGION OF WEST BENGAL . 2019

4. LAP LAMBERT ACADEMIC PUBLISHING ,MENTAL IMAGERY IN SPORTS,ISBN: 978-613-9-58788-9 , RELATIONSHIP OF MENTAL IMAGERY BETWEEN RUNNER AND SWIMMERS .(2018)

AWARDS (DESCENDING ORDER)

SEMINARS AND CONFERENCE ATTENDED (DESCENDING ORDER)

1. International Conference - Multidisciplinary ideas, designs and systems ,May, 2020.

2. International seminar -Comparison of strength and endurance of tribal boys and girls.- May,2020.

3. UGC sponsored National seminar - socioeconomic and sociocultural perspective of physical education ,may 2013

4. All India paper presentation contest -Benefits of warm up and cool down , Jan 2010.

5. National conference -low cost sports equipment manufacturing, marketing and other innovative self employment generating programmes for phy. edu. graduates.-jan 2010

6. UGC National seminar -A new concept of FIBA rules. -jan 2010.
7. UGC NATIONAL conference -Role of yoga therapy and allied therapies in prevention , cure & rehabilitation of psycho somatic disorders, feb 2010.
8. All india paper presentation -Physical education as an academic discipline.2009

EXTERNAL RESPONSIBILITY/ ADMINISTRATION RESPONSIBILITY:

1. NBU Appointed as External Practical Examiner CBCS 1st sem/2nd sem / 3rd sem/ 4th sem/ 5th sem/ 6th sem/ NEP Major & minor Phy.Edu.
2. NBU Appointed as Tabulator for B.P.Ed 4th sem/P.G.D. IN YOGA
3. NBU Appointed as Head Examiner for B.P.Ed/ Phy. Edu.1st sem /P.G.D in YOGA
4. NBU Appointed as Moderator 2nd& 4th sem phy.edu.
5. NBU Appointed as Spot Evaluator all sem
6. NBU Appointed as Scrutinizer for all sem
7. NBU Appointed as Paper setter all sem
8. NBU Appointed as Expert committee member Post Graduate Diploma in Yoga
9. NBU Appointed as Sports Board Committee Member
10. P.D.womens college Appointed as Exam committee / Sports committee/Development Committee/Internal assessment committee/HOD committee member and others.
11. NBU Appointed as Confidential work of(SPORTS MANAGEMENT)C.O.P EXAM 04/09/2023.

